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THE FORT JACKSON LEADER

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FATHER OF THE YEAR?

★ FORT JACKSON SOLDIER AMONG
THREE NATIONAL FINALISTS IN
MILITARY FATHERHOOD AWARD

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Photo by WALLACE McBRIDE

ON THE COVER

First Lt. William Edwards, a father of four, is a finalist in the 2012 Military Fatherhood Award campaign organized by the National Fatherhood Initiative. See Page 10



Fort Jackson, South Carolina 29207

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Soldier embodies Army values with bone marrow donation

The Army Values of selfless service and personal courage are expected during the course of your daily duties as a combat veteran. Sometimes these values seem distant or not as essential in a garrison environment, and Soldiers long for the days of “immediate gratification” to see the results of their efforts. Last week, one officer from Company C, 3rd Battalion, 60th Infantry Regiment found a way to espouse those values by saving the life of a complete stranger.

Second Lt. Eric Bauer is the model of the modern prior-service officer. Eric is 30 years old, speaks Korean and Arabic, served with the 5th Special Forces Group in combat operations in western Iraq, and is currently serving as the executive officer for a Basic Combat Training company after receiving a commission from the University of Portland in 2010. He is married, and he and his wife, Melea, have two young sons, Ashur and Eli.

As a sergeant, Eric Bauer was at the Defense Language Institute in 2005, where he attended a briefing from the Department of Defense bone marrow program. The speakers stressed the importance of the program, how it operated, and how a donor is selected using exacting criteria that are tailored to the patient. Saliva or blood is donated and entered into a national database for matching. The donation criteria are so stringent that only about 39 percent of patients who are looking for transplants are able to find a match. Eric donated saliva that day and never expected to hear back from the program.

In February, Eric received notice from the C. W. Bill Young DoD Marrow Donor program that he was a potential match for a leukemia patient. Initially, he was told that the procedure would take place in six to nine months. The following week, he received another call — the list had been drawn down to only him. He was told that the procedure would take place in Washington April 2, only weeks away.

The case manager sent him an exhaustive list of all the necessary testing to be completed for the final medical screening. He was sent two boxes of vials for blood samples on two different occasions and had to complete a rigorous physical that included a 12-page check list. Eric credits the “understanding folks at Moncrief (Army Community Hospital)” for acting quickly enough to make the donation possible. Eric was also required to bank a unit of his own blood through the American Red Cross.

The medical procedure he was soon to undergo is a grueling one and requires the utmost in personal courage. The donor is sedated and a hand-driven screw is used to bore into the center of each hip that leaves an opening in the bone. The hand drill is then removed and the marrow extracted through the opening using a set of syringes. The

Commentary

By CAPT. MATTHEW COLLINS
3rd Battalion, 60th Infantry Regiment

bone marrow can then be inserted into the spine of the recipient and the body will use it to restore its own tissue that has been medically irradiated prior to the operation.

Eric’s wife was unable to escort him to Washington for the procedure because of their two small children, so the DoD Marrow Donor program flew one of his friends from Portland, Ore., to Washington to assist in his recovery.

When he arrived in Washington on April 2, Eric was able to spend some time enjoying the city before the procedure the following day. Though he wasn’t nervous about the procedure, he began to worry about the recovery process. The only information he was given about the recovery process was that each person reacts differently. The next day, a representative from Georgetown Hospital met and escorted Eric and his friend to the operating room. Eric remembers meeting the anesthesiologist at 9:30 a.m. and then waking up groggy in the recovery room. The doctors were able to extract more than the normal amount of bone marrow, so he was kept in the hospital overnight for observation.

Eric experienced severe pain in his joints after the surgery, and his recovery was slower than he had hoped. Despite the pain, discomfort and the burden of recovery, one thing Eric has remembered is that this procedure has potentially saved the life of a person suffering from leukemia. Time is a critical component in fighting any disease and not something often afforded those with life threatening illness. Eric’s selfless donation has at a minimum bought the patient precious time to fight the disease and potentially given the patient the key to beating leukemia entirely.

Bauer’s example of personal courage and selfless service is one for others in our community to follow. His hope is that people will understand the importance of being screened for the potential to be a bone marrow donor.

For more information about this program, visit dodmarrow.org and learn about the procedure or how to donate.

Editor’s note: A postwide bone marrow drive is planned for May 7-11. Volunteers are needed to help with the drive. For more information, contact Sgt. 1st Class Marilyn Shaw at 751-1741 or (910) 224-9816.



BAUER

LETTERS

The Leader welcomes letters to the editor. All letters should include the name and hometown of the writer. The Leader reserves the right to edit letters for grammar, style, spelling and brevity. Send your letter to FJLeader@gmail.com. For more information, call 751-7045.

Vietnam vet on tap for posthumous MoH

From Army News Services

WASHINGTON — President Barack Obama has announced that Spc. 4 Leslie H. Sabo Jr., a rifleman with the 101st Airborne Division, will posthumously receive the Medal of Honor May 16 for his actions during the Vietnam War.

Sabo is credited with saving the lives of several of his comrades in Company B, 3rd Battalion, 506th Infantry when his platoon was ambushed May 10, 1970, near the Se San River in eastern Cambodia. Sabo shielded a comrade from an enemy grenade and silenced a machine-gun bunker before he was killed.

Sabo's widow, Rose Mary Sabo-Brown, and his brother, George Sabo, have been invited to the White House for the Medal of Honor ceremony. Obama recently telephoned Sabo-

Brown to inform her that her late husband would receive the nation's highest award for valor.

"It was a very emotional day," she said. "A very, very emotional day. I couldn't even sleep that night. And when I did fall asleep finally and I woke up the next morning, I went, 'Now wait a minute, did I dream this? Is it really real?'"

"I couldn't be more proud of him," Sabo-Brown said. In her home near New Castle, Pa., Sabo-Brown has set up a museum of sorts in tribute to her late husband and his comrades who were killed in Cambodia.

Even though his platoon was ambushed from all sides by a large enemy force, Sabo charged the enemy position, killing several enemy Soldiers. He then assaulted an enemy flanking force, successfully drawing their fire away from

friendly Soldiers and ultimately forcing the enemy to retreat. While securing a re-supply of ammunition, an enemy grenade landed nearby. Spc. Sabo picked it up, threw it, and shielded a wounded comrade with his own body — absorbing the brunt of the blast and saving his comrade's life.

Although wounded by the grenade blast, Sabo continued to charge the enemy's bunker. After receiving several serious wounds from automatic weapons fire, he crawled toward the enemy emplacement and, when in position, threw a grenade into the bunker. The resulting explosion silenced the enemy fire, but also ended Spc. Sabo's life. His indomitable courage and complete disregard for his own safety saved the lives of many of his platoon members.

Sabo's unit nominated him for the Medal of Honor, but the paperwork was

lost until Tony Mabb, a Vietnam veteran of the 101st Airborne Division and a writer for the "Screaming Eagle" association magazine, came across a thick file on Sabo while on a research trip to the National Archives military repository in College Park, Md.

Mabb contacted his congresswoman, who recommended DoD reconsider a medal of valor for Sabo. Mabb also made contact with Sabo's widow.

"The Leslie I know would give his life to anybody," Sabo-Brown said. "He would. He would give you the shirt off his back. That's the kind of man he was."

Editor's note: Soldiers magazine reporter Elizabeth M. Collins interviewed Rose Mary Sabo-Brown in Pennsylvania and contributed to this article, which is based on a White House release.



Photo by SUSANNE KAPPLER

Culbertson relinquishes command

Garrison Command Sgt. Maj. Christopher Culbertson, right, attaches a streamer bearing his name to the garrison spoutoon as he relinquishes responsibility in a ceremony Friday at the Joe E. Mann Center. Culbertson, a native of Statesville, N.C., became the garrison

command sergeant major in June 2009. He will stay on Fort Jackson and is scheduled to assume responsibility as the command sergeant major of the Adjutant General School and the AG Regimental Corps April 27.

Raising awareness through education

Victims advocates discuss sexual assault issues in the military

By **WALLACE MCBRIDE**
Fort Jackson Leader

There's little chance that Pamela Jacobs will run out of reasons to speak about sexual assault awareness. With 1,439 cases of forcible rape reported to law enforcement in South Carolina last year, the executive director of the S.C. Coalition Against Sexual Assault and Domestic Violence has enough subject matter to prompt thousands of discussions.

Jacobs was the guest speaker at a sexual assault awareness luncheon Monday at Fort Jackson, and her presentation was fueled, in part, by the release of a Department of Defense earlier in the week highlighting new military initiatives to crack down on sexual assault.

Most victims of sexual assault are women, and most of those were assaulted before age 25, she said. The average age of victims is something that Fort Jackson leaders should take note of, she said, because of the many young Soldiers passing through the gates of the post as part of Basic Combat Training. The demographic most often involved in sexual assault cases in the military is also the demographic Fort Jackson has been tasked to train.

"The most common cases involved an 18-25 year old male Soldier (who assaulted) a female Soldier, and they used alcohol to do it," Jacobs told the audience, which was mostly made up of sexual assault victim advocates from Fort Jackson.

Reports of sexual assaults in the military rose 1 percent in 2011, according to an annual U.S. Department of Defense study released earlier this month. Defense Secretary Leon Panetta and Gen. Martin E. Dempsey, chairman of the Joint Chiefs of Staff, are treating sexual assault and harassment as leadership issues and have announced new initiatives to stop sexual assaults in the military. These initiatives include elevating the level of investigations applied to sexual

assault allegations, and requiring unit commanders to report allegations of rape, forcible sodomy and sexual assault to a court-martial convening authority.

The initiatives also call for establishing a "special victims unit" for each service, requiring sexual assault policies to be explained to all service members when beginning active duty, maintaining records of disciplinary and administrative proceedings related to sexual assault, and improved dissemination of sexual assault resources.

Defining sexual assault as "any unwanted sexual contact," Jacobs said it's time to put the burden of preventing sexual assault on the parties responsible.

"I think we spend too much time telling victims what to do, and not enough time telling perpetrators what not to do," she said. "It's a crime about power and control, just like domestic violence."

In regards to sexual assault, the military has very specific needs, Jacobs said, which is something she takes into consideration before speaking for uniformed audiences.

"I want to make sure that I'm not buying into the stereotype that military members are more violent, because I know that's not true," said Jacobs, whose husband is in the Army. "Otherwise, groups are the same. These are people who care about the issue. I used to think law enforcement was one of the most difficult (groups to address,) but when you frame it as something that affects all of us, everyone is willing to listen."

Jacobs brought a different perspective to the kinds of issues Fort Jackson's victims advocates routinely handle, said Master Sgt. Chanley Pickard.

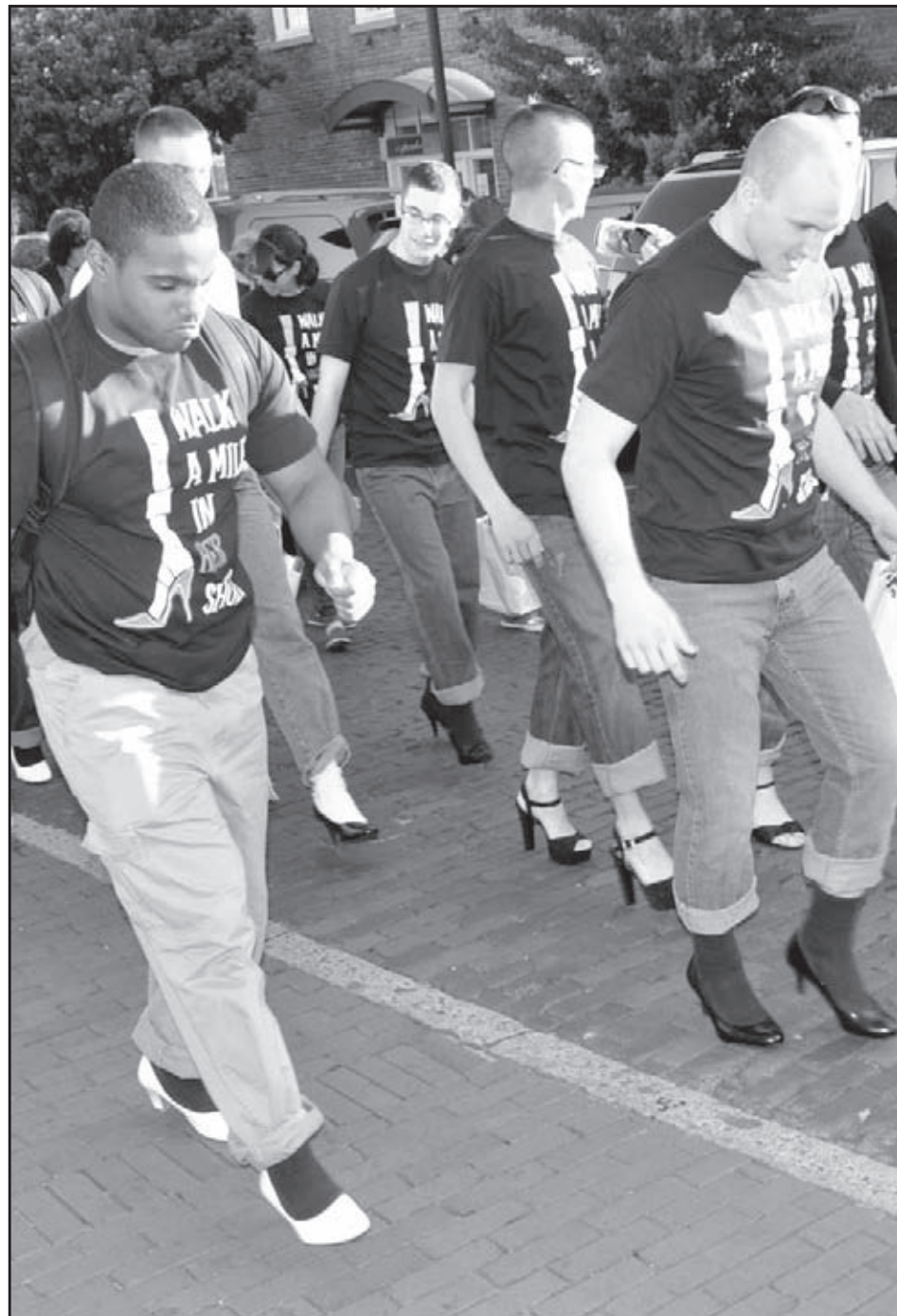
"Sometimes it's good to get it from a different perspective," Pickard said, "to see how South Carolina and the civilian sector sees the issues we deal with on a daily basis in the military. It helps us provide support for some of our victims using some of those techniques that she spoke about in the workshop."

Milton.W.McBride3.ctr@mail.mil



DENIM DAY

At 11:40 a.m., April 25, men and women will be gathering at Semmes Park for an awareness walk from Semmes Road to Lee Road. Volunteers are encouraged to wear jeans and teal shirts to show their support for Sexual Assault Awareness Month. Refreshments will be served at the end of the walk.



Courtesy photo

Representatives of the Naval Chaplaincy School and Center were among the service members from Fort Jackson to participate in the April 13 Walk a Mile in Her Shoes event in downtown Columbia. The event encouraged men to walk one mile in women's high-heeled shoes to rally the community to fight against sexual violence.

SEXUAL TRAUMA SERVICES Fort Jackson

Sexual Trauma Services: 803-252-8393
24-hour Crisis Hotline: 1-800-491-RAPE (7273)

Sexual Trauma Services of the Midlands
803-771-RAPE (7273) (Richland and Lexington counties)
1-800-491-RAPE (7273) (Newberry and Sumter counties)

Housing Happenings

COMMUNITY UPDATES

❑ The Residential Communities Office and the Housing Services Office is moving to a new location this week. The new office will be at 4514 Stuart Ave., at the intersection of Strom Thurmond Boulevard and Marion Avenue. Staff availability will be slightly limited during the transition, but both offices will still assist customers. Landline phones and computer systems will be temporarily unavailable during portions of the move. If you need assistance and cannot reach one of the office numbers, call Emma Watson at 338-4809 or Vickie Grier at 413-8199.

❑ Residents in Pierce Terrace 5 and 7 are encouraged to attend the neighborhood huddle Wednesday. A free lunch will be provided. Neighborhood huddles allow residents to voice concerns about housing. The huddle will take place at the pavilion on Carter Road.

❑ Trampolines are prohibited in the housing area. For more information, view the Balfour Beatty Communities resident guide at www.fjacksonfamilyhousing.com or contact the management office at 738-8275.

❑ Swimming pools in the housing area must not exceed
❑ Yard of the Month judging is scheduled for April 27
Yard of the Month winners will be recognized in *The Fort Jackson Leader*, Balfour Beatty Communities website and newsletter. The grand prize winner will also receive a \$50 gift card contest of BBC. Visit the Self Help Center on Ivy Road and browse the lawn and garden tools that can help you cultivate a beautiful yard and flower garden. The center is open Monday through Friday from 8 a.m. to 4 p.m.

❑ LifeWorks events are reserved for on-post housing residents unless otherwise indicated. For questions, comments or suggestions, email ayoungblood@bbcgrp.com.

❑ Refer someone to move on post to receive \$200.

❑ Residents are asked to refrain from parking on grassy areas to avoid damage to the grass and sprinkler heads. Violators will be responsible for repair fees.

❑ To operate a home-based business, residents must receive prior approval and a solicitor's permit. To receive the permit, a solicitation packet must be completed. The packet is available at the Military Police station. Residents must also complete a request form to the Balfour Beatty Communities Management Office. The completed solicitation packet and request form must be submitted to the Directorate of Emergency Services.

❑ To recycle glass, put it in the glass recycling igloos located throughout the housing area.

❑ Residents are reminded to leave their trash cans curbside the night before service is scheduled. Once your trash can has been emptied, be sure to stow it properly.

SUBMISSION GUIDELINES

❑ Send all submissions to FJLeader@gmail.com or to usarmy.jackson.93-sig-bde.mbx.fj-leader@mail.mil.

❑ Announcement and photo submissions are due one week before publication.

❑ For information about classified advertising, contact Camden Media Co. at 432-6157.

Classified ads may also be sent by fax to 432-7609 or by email to skaress@ci-camden.com.

❑ For information about display advertising, contact Kathy at 786-5681.

❑ The *Leader* welcomes letters to the editor. All letters should include the name and hometown of the writer. Letters should also include a phone number for verification purposes.



Photo by ANDREW McINTYRE

Sgt. 1st Class Anthony Clark receives information about his mortgage from his lender at Fort Jackson's Mortgage Assistance Day event, April 11 at the Joe E. Mann Center. Clark said he also attended the event in hopes of finding out information to pass along to his Soldiers.

Event helps service members deal with mortgage hardship

By ANDREW McINTYRE
Fort Jackson Leader

Purchasing a home is one the biggest financial decisions a person can make in his or her life. Not only are the location, decor, maintenance, safety and price major factors, but so is the potential resale value if moving is required. For many military families, this is a familiar issue.

For Soldiers who live off-post and own a home, the potential for resale of the purchased home falls solely on various market factors. The Department of Defense partnered with the Hope Now Foundation — an alliance between various organizations involved in the mortgage market — in an effort to assist military members who face financial hardship because of having to sell their home.

So far, the partnership has resulted in events at Fort Gordon, Ga., and at Fort Jackson that were aimed at getting Soldiers in touch with lenders to find out if and how they could refinance their homes.

“We will use Fort Jackson and Fort Gordon as a model to set up similar events in the future for military members who have some sort of hardship with their mortgage and have them sit down face-to-face with their lender so they may better assist them their mortgage issues,” said Brad Dwin, director of communications with the Hope Now Foundation.

The Fort Jackson event took place at the Joe E. Mann

Center Wednesday and featured more than 20 lenders. The event was sponsored by Fort Jackson Housing Services.

“The goal is to get our customers connected with their lenders to talk about issues and concerns that they may have about their mortgage,” said Emma Watson, Chief of Housing Division. “Do you need help with your mortgage at your losing installation? We can help you with that.”

Many senior service members deal with this issue as they move frequently. The average duty assignment for a service member at one base ranges from two to four years.

Capt. Maxine Reyes said she attended in hopes of finding out if her lender had a lower interest rate for her second home at her previous duty station at Fort Bragg, N.C.

“We have Soldiers that do not make a lot of money, and to have a spouse not working because of the economy and still having to pay on two households is hard,” Reyes said.

Capt. Alice Sylvester said she thinks that a permanent change of station move can create financial hardship for Soldiers who own homes.

“It is a hardship; you are leaving one location and have to set up some type of living arrangement for your family in the new location, so you are paying two mortgages,” Sylvester said.

Fort Jackson Soldiers who attended and were able to see their lenders said they benefited from the program and it met their expectations.

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“Fort Jackson Leader.”

Volunteers to be honored in ceremony

By **ANDREW McINTYRE**
Fort Jackson Leader

This week is National Volunteer Week. The Fort Jackson Army Volunteer Corps consists of men, women, children and families who offer their time and talents to help those in need or ensure that events for military families and civilians go according to plan.

The Fort Jackson community will recognize its volunteers of the year for their efforts in a ceremony 10 a.m., Friday at the Solomon Center.

The award categories include Youth Volunteer of the Year, Active Duty Military Volunteer of the Year, Retiree Volunteer of the Year, Volunteer Hall of Fame and Family Member/Civilian Volunteer of the Year.

Winners in each category will be selected by an independent panel of five members from the Columbia community. Volunteers are nominated from various post organizations and units.

Although organizations such as the Army Volunteer Corps depend solely on the efforts of volunteers, those who volunteer benefit from offering their services as well, said Marilynn Bailey, Army Volunteer Corps Coordinator.

"If you are looking to get a job and



Photo by JAMES ARROWOOD, command photographer

Fort Jackson volunteers are honored in the second-quarter Helping Hands ceremony Tuesday at the Joe E. Mann Center. As part of the post's celebration of National Volunteer Week, Fort Jackson's volunteers of the year will be named 10 a.m. Friday in a ceremony at the Solomon Center.

can find a volunteer position that will allow you to network and enhance skills, it is a win-win situation for the organization and you," Bailey said.

She said she was looking forward to Friday's ceremony.

"I encourage the entire community to come out and support these outstanding nominees. We have some wonderful people who have done some great things for Columbia and Fort Jackson, and I am truly excited," Bailey said.

Volunteers must have been with an organization for one year or longer before being nominated for the award and have excelled beyond the standard expectations for volunteers in the organization.



Final respects

Soldiers with the 193rd Infantry Brigade fold the American flag that was draped over the casket carrying the body of retired Master Sgt. John Baker, a Medal of Honor recipient who passed away at his home in Columbia Jan. 20. Baker's remains were transferred to Arlington, Va., Friday. He was buried at Arlington National Cemetery in a private ceremony Monday. Baker was awarded the Medal of Honor in 1968 for his actions in Vietnam two years earlier.

Photo by JAMES ARROWOOD, command photographer



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Photo by WALLACE MCBRIDE

Fort Jackson's 1st Lt. William Edwards, right, coaches son Jacob, 11, with his homework. Edwards is one of three national finalists in the 2012 Military Fatherhood Award campaign, an effort organized by The National Fatherhood Initiative. Voting in the contest opens around April 23.

Ft. Jackson Soldier up for fatherhood award

William Edwards among three finalists in national competition

By WALLACE MCBRIDE
Fort Jackson Leader

First Lt. William Edwards never misses a day with his children, even when there's an ocean between them.

While deployed in Iraq for more than a year, Edwards kept in touch with the usual means at a Soldier's disposal. Letters, email and webcam conversations made sure he stayed involved in his four children's day-to-day activities, but he didn't stop there.

"Some dads will read stories on video before they leave so they'll have those while their gone," his wife, Esther, said. "He did that, and sang songs for them. That became a cherished video for them that they'd watch every night. While he was out there, he took it a step further and made a video called, 'The Day with Daddy.' It was from sunup to sundown, what his day was like in Iraq."

William said he tried to capture his regular daily activities, from the mundane, such as brushing his teeth



THE NATIONAL FATHERHOOD INITIATIVE

www.facebook.com/nationalfatherhoodinitiative

www.fatherhood.org/military-fatherhood-award

in the morning, to the adventurous. And then he added special effects and music just to make sure his children were entertained.

"I carried a camera with me everywhere I went, just so they would get an idea that I was with them," he said.

"Having that visual connection with your Soldier when he's gone is huge," Esther said, "And that he took the time to do it was special."

When Esther's father told her about the 2012 Military Fatherhood Award campaign being organized by

the National Fatherhood Initiative, she did not have to struggle to find examples of why William qualified.

"A couple of months passed and, maybe two or three weeks ago, I got an email saying he's been chosen as a finalist," she said. "He's one of three finalists out of 450 nominees nationwide. I didn't tell him that I nominated him until I got the email telling him he was a finalist. When he found it, he was kind of excited."

The three finalists represent three branches of the armed forces, with Edwards being the lone Army finalist in the campaign. The finalists were given video cameras and asked to record two-minute videos making their case for the award. Esther said the videos would be posted around April 23, when voting opens online to the public. People will be allowed to vote for their favorite candidate until May 20.

"They're ecstatic about it," Esther said of her children. "They had fun making the video, too. They're excited to be a part of it."



From left, Patricia Sandgren and Sebastian Bosco of the American Red Cross take a patient's blood pressure at the Fort Jackson Health and Wellness Expo Friday at the Solomon Center. The American Red Cross was one of more than 70 organizations that attended the fair.

Health fair addresses community needs

By **ANDREW McINTYRE**
Fort Jackson Leader

Prize numbers being called out, celebration music over the loud speakers, and an assortment of balloons anchored by chairs set the stage for a Health and Wellness Fair hosted by the Exceptional Family Member Program and Army Community Services Friday at the Solomon Center.

The Exceptional Family Member Program helps families with special needs receive care specific to the developmental, age or mental stability issues that one or more of the family members may have. Soldiers who have special needs family members are required to attend training and seminars held by the Exceptional Family Member Program.

The idea for an EFMP health fair was suggested by a parent of a special needs child a few years ago. More than 70 organizations attended the fair in an effort to provide information to military families that will be beneficial to the long term care of their family member.

"As Soldiers and Families (move) from place to place, they are able to pull various information from the web, but nothing is like speaking with a representative face to face," said Cheryl Jackson, Exceptional Family Member Program manager. "We also have services that give assistance and information for the elderly, substance abuse, post-traumatic stress disorder."

The event also featured a number of other services beneficial to all families, like the American Red Cross, Army Public Health Nursing and TRICARE.

"Our goal is to give people information to help empower them to make healthy lifestyle (choices)," Jackson said.

Karissa and husband David Cockrell were among the vendors in attendance. The Cockrells are founders of a non-profit organization that focuses on higher-function-



Photos by **ANDREW McINTYRE**

Spc. Porsha Bell, Dental Activity, prepares a table about dental care for visitors.

ing children with autism called Camp T.A.L.K (Teaching Advocacy and Life Skills to Kids). Karissa, the camp director, works along with many other volunteers, some of whom have children with special needs.

"We just want our kids to be kids," Karissa said.

Karissa said she brought her organization to the Fort Jackson event in hopes of spreading the word to other

families about what they offer children with autism. She said she ended up meeting new people and learning about other organizations that help special needs children as well.

For more resources on the organization in attendance, visit the Fort Jackson EFMP website at www.fortjacksonmwr.com/acs_exp/.

Purple Up at Fort Jackson!



Photo by ANDREW McINTYRE

Photos by SUSANNE KAPLER

Post purples up

Staff and students at Scales Avenue Child Development Center and at the Fort Jackson schools wear purple Friday in support of military children. The Purple Up! campaign encouraged everyone to wear purple Friday as a way to thank military children for their strength and sacrifices. The initiative was part of Fort Jackson's Month of the Military Child events. The month will conclude with a fun fair April 28 at Hilton Field.



Photos by SUSANNE KAPLER

Firefighters honored

Col. James Love, garrison commander, awards certificates of appreciation Friday to firefighters from the Fort Jackson and Columbia-Richland fire departments who were involved in extinguishing a fire at the NCO Club March 26. Right photo: J. Travis Carricato, first shift division chief with the Columbia-Richland Fire Department, displays his certificate. Carricato was among 25 off-post firefighters involved in the incident, in addition to 11 firefighters from Fort Jackson.



C.C. Pinckney participates in STEM initiative

From the Department of Defense Education Activity

The Department of Defense Education Activity, in collaboration with the U.S. Office of Personnel Management, launched a new Science, Technology, Engineering and Mathematics initiative in DoDEA schools worldwide. The STEM initiative is a partnership between DoDEA students and educators, and Federal STEM professionals.

“This partnership is focused on real life, problem-based learning opportunities for students to use today’s tools to solve tomorrow’s problems — crossing disciplines and having global implications,” said DoDEA Director Marilee Fitzgerald.

“The events will usher in a new era of collaboration, cooperation, and communication between DoDEA schools and STEM professionals in our government and in industry,” Fitzgerald said, “which complements DoDEA’s focus on 21st century teaching and learning.

“Not only will the events expose students to the practical application of STEM disciplines, they will also serve as the catalyst for our students to prepare for the higher levels of math, science, engineering, and computer programming coursework necessary for college, career and life readiness,” Fitzgerald said.

C.C. Pinckney Elementary School’s STEM event took place Tuesday and included a presentation on fuel cell technology, a science fair, work sessions on solar energy and information about green technology.

“It makes me feel good to see the children involved, they have ownership. They are able to interact with the (science fair) judges and explain the whole process of the scientific method,” said Patricia Walters, a fifth grade teacher at the school.

During the events, students focus on disciplines such as green technology engineering, robotics, biotechnology, geophysics, nuclear engineering and environmental engineering.

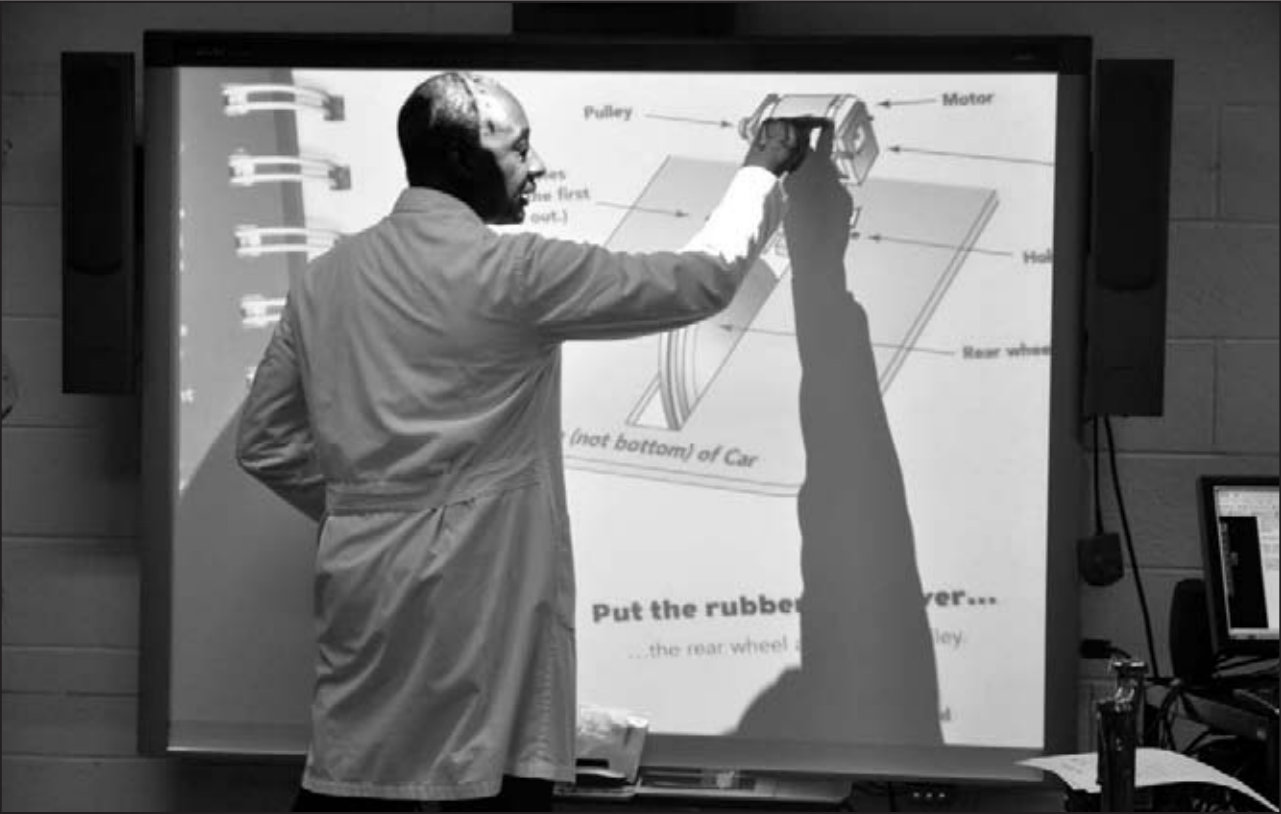


Photo by ANDREW McINTYRE

Lemuel Patterson, STEM instructor, gives students instructions on how to build a model car during C.C. Pinckney Elementary School’s Science, Technology, Engineering and Mathematics event Tuesday.

These lessons and activities are recorded and broadcast to DoDEA students and teachers. The lesson plans developed and used for these STEM events will be collected and stored in a database that can be accessed by DoDEA teachers.

“The level of competence we have attracted to support our students and teachers is phenomenal — national and in-

ternational award winners, Ph.D.s, career veterans of large programs, high ranking officials from all over the U.S. and Pacific,” said Dr. Mark Bignell, Chief, Arts, Information & Careers branch, who has oversight for the DoDEA STEM initiative. “We expect great things from this collaboration.

Editor’s note: Andrew McIntyre contributed to this report.

UPCOMING CHANGES OF COMMAND/RESPONSIBILITY

- ❑ **April 27 — Adjutant General School:** Command Sgt. Maj. Christopher Culbertson will assume responsibility from Command Sgt. Maj. Darlene Hagood; 10 a.m.; SSI auditorium.
- ❑ **May 11 — 171st Infantry Brigade:** Command Sgt. Maj. William Huffin will relinquish responsibility; 2 p.m.; 171st headquarters.
- ❑ **May 18 — 193rd Infantry Brigade:** Command Sgt. Maj. Lloyd Julius will assume responsibility from Command Sgt. Maj. Jeffrey Dunkelberger; 9 a.m.; 193rd headquarters.
- ❑ **June 1 — 2nd Battalion, 39th Infantry Regiment:** Lt. Col. Jason Glick will assume command from Lt. Col. Gregg Blumhardt; 9 a.m.; Officers’ Club.
- ❑ **June 5 — 3rd Battalion, 60th Infantry Regiment:** Lt. Col. Thomas McCardell will assume command from Lt. Col. John Allen; 9 a.m.; Officers’ Club.
- ❑ **June 8 — Adjutant General School:** Col. Todd Garlick will take over as commandant for Col. Robert Manning; time to be determined; SSI auditorium.
- ❑ **June 12 — Moncrief Army Community Hospital:** Col. Mark Higdon will assume command from Col. Ramona Fiorey; 8 a.m.; MACH.
- ❑ **June 13 — Moncrief Army Community Hospital:** Command Sgt. Maj. Vincent Bond will assume responsibility from Command Sgt. Maj. Kevin Williams; 8 a.m.; MACH.

- ❑ **June 15 — 120th Adjutant General Battalion (Reception):** Lt. Col. Vincent Valley will assume command from Lt. Col. Michael McTigue; 9 a.m.; Officers’ Club.
- ❑ **June 19 — 1st Battalion, 34th Infantry Regiment:** Lt. Col. Eric Flesch will assume command from Lt. Col. Quincy Norman; 9 a.m.; Officers’ Club.
- ❑ **June 22 — 193rd Infantry Brigade:** Col. Joseph McLamb will assume command from Col. Drew Meyerowich; 9 a.m.; Officers’ Club.
- ❑ **July 12 — Training Support Battalion:** Lt. Col. Neil Mahabir will assume command from Lt. Col. Sula Irish; 8:30 a.m.; Officers’ Club.
- ❑ **July 20 — 171st Infantry Brigade:** Col. Mark Bieger will assume command from Col. George Donovan; 9 a.m.; Officers’ Club.
- ❑ **Aug. 21 — 369th Adjutant General Battalion:** Lt. Col. David Wood will assume command from Lt. Col. Edward Allen; 8:30 a.m.; Darby Field.
- ❑ **Aug. 30 — Recruiting and Retention School:** Command Sgt. Maj. Tory Hendrieth will assume responsibility from Command Sgt. Maj. Donna Punihaole; time and location to be determined.

To announce a battalion level or above Change of Command/Responsibility, call 751-7045 or email fjleader@gmail.com.

Leader deadlines

Article submissions are due two weeks before publication.
For example, an article for the May 3 Leader must be submitted by today.
Announcement submissions are due one week before publication.

For example, an announcement for the May 3 Leader must be submitted by April 26.
Send your submissions to FJLeader@gmail.com.
For more information, call 751-7045.

Investors should know the risks before buying into stock market

Investing in stocks may seem attractive, but can be very risky. The value of stocks can go up or down, and losses are not covered by the Federal Deposit Insurance Corporation. This is one of the first things any beginner needs to learn and fully understand, according to many financial experts.

Stocks are a share of the ownership of a company. Initially, they are sold by the original owners of a company to gain additional funds to help the company grow. The owners basically sell control of the company to the stockholders.

When investors buy stocks, all the money is tied to the success or failure of that company. After the initial sale, the shares can be sold and resold on the stock market.

If the company does well, or even if everyone thinks the company is going to do well, the price of the stock goes up. This is how stockholders make a return on their investment. On the other hand, if the company does poorly, the shares decrease in value, and the stockholders lose their investment.

Individual stocks have potential for high returns, but with that

FINANCIAL ADVICE

By *SHERRY WRIGHT*
Army Community Services
Financial Readiness



comes greater risk for loss as well. In addition, many companies offer a small dividend payment each year to the stockholders, providing extra income.

Anyone can buy stocks, but it is important to understand and accept

the risks involved.

If you are interested in learning about stocks or want to learn how to start investing in the stock market, plan to attend Army Community Services' Stocks 101 seminar from 11:30 a.m. to 1 p.m., April 27 at the Main Post Chapel activity room. For more information and to register, call 751-5256.

MACH to celebrate laboratory professionals

From *Moncrief Army Community Hospital Department of Pathology*

The Moncrief Army Community Hospital Department of Pathology will celebrate National Medical Laboratory Professionals Week April 22-28. This year's theme is, "Laboratory Professionals Get Results."

The week serves as a time of recognition for the approximately 300,000 medical laboratory professionals and 15,000 board-certified pathologists who play a vital role in every aspect of health care. NMLPW has been observed for 37 years.

Technology has changed throughout the past 37 years, but the original goals for NMLPW remain the same — to recognize the vital contributions and dedication of these professionals and to call the public's attention to the role of medical laboratory professionals in patient care and enhance their image.

Because lab professionals often work behind the scenes, few people know that the critical testing they perform every day saves lives, reduces morbidity and helps control the cost of care. Today, with advances in analytical science and automation — and as cost pressures reduce patient stays in the hospital — work in the laboratory is more important than ever.

Recognition of the profession is of increasing importance for a number of reasons:

□ As team members of one of the largest

industries in the United States, the dedicated efforts of laboratory professionals often go unnoticed by the general public, as well as by the institutions employing their services.

□ With the public demanding the assurance of quality health care and professional accountability, organizations representing practitioners of this critical science have a responsibility to ensure that the public is well informed about clinical laboratory competency.

□ Beyond meeting this public need, the celebration of NMLPW will help increase recognition for the profession as it improves the individual practitioner's sense of self-worth.

□ More than 12,000 new laboratory professionals will be needed annually to meet the growing need of the world's population, but only 4,000 to 6,000 graduates will join the workforce each year

Laboratory tests play an important role in today's health care.

More than 10 billion laboratory tests are performed in the United States each year. These test results comprise an estimated 70 percent of a patient's medical records and are vital to the diagnosis and treatment of illness and disease.

Expanding medical knowledge and technological developments have increased the need for medical laboratory



testing. For example, 35 years ago, few organ transplants were performed. Today, transplants are becoming routine surgeries in many hospitals. Transplant patients need significant testing before the procedure, must be monitored immediately following, and require some follow up for years after the transplant.

As Americans continue to age, more testing is required more frequently. Almost 13 percent of the U. S. population is older than 65. The number of patients who are 85 or older, who require the greatest amount of health care services, is also growing rapidly.

The Department of Pathology is also celebrating 50 years of being accredited by the American Association of Blood Banks.

News and Notes

OPEN HOUSE PLANNED

Moncrief Medical Home will celebrate its first anniversary with an open house from 3 to 5 p.m., April 27. The community-based primary care clinic is located at 1021 Pinnacle Point Drive, Suite 200. For more information, call 562-2138.

AAFES RANKS HIGH IN SURVEY

The Fort Jackson Exchange ranked higher than average in a recent Customer Service Index survey. The Exchange CSI score for 2011 was 82, three points above the average of 77. The CSI survey addresses customer service, pricing, sales associate availability, merchandise assortment and other issues. The next survey is scheduled this fall.

RETIREE APPRECIATION DAYS SET

Fort Jackson's Retiree Appreciation Days are scheduled for May 17-19. This year's events will include a retreat ceremony and salute to retirees; a golf tournament; the Retiree Health and Benefits Expo; and a no-tap bowling tournament.

PROFESSORS SOUGHT

Active duty and active Guard and Reserve lieutenant colonels and majors have the chance to compete this summer for positions as professors of military science with the U.S. Army Cadet Command. To be eligible, officers must have a master's degree or higher by May 31. For more information, visit www.cadetcommand.army.mil or email pmsboard@usacc.army.mil.

FMWR SURVEY UNDER WAY

An Armywide survey is under way as part of an effort to improve Family and Morale, Welfare and Recreation programs. The survey will be distributed to randomly selected participants in 75 garrisons. Those selected to participate will be contacted by email. The survey will remain open through mid-April. Results will be released later this year.

MACH CONDUCTS PATIENT SURVEY

Patients who went to Moncrief Army Community Hospital for an outpatient visit will be mailed a 25-question Army Provider Level Satisfactory Survey. The survey can be answered via email, telephone or by mail. The survey serves as a tool for MACH to improve service to its patients. In addition, as part of the Performance Based Adjustment Model, MACH may receive fund increases or decreases based on the survey scores.

Watch Fort Jackson video news stories and Victory Updates at <http://www.vimeo.com/user3022628>

Sports shorts

REGISTRATION

❑ Swimming registration is April 13-May 25. Swimming is open to 5-18 year olds. Participants will be contacted the week of May 21. The fee is \$20 for 5-year-olds and \$40 for 6-18 year-olds. The fee includes a swimsuit, trophy and certificate.

❑ Basketball registration is April 13-May 25. Basketball is open for children ages 4-15. Participants will be contacted the week of May 21. The fee is \$20 for 4-5 year-olds and \$40 for 6-15 year-olds. The fee includes jersey, shorts, trophy and certificate.

Registration for Child, Youth and School Services is open to family members of active duty Soldiers, appropriated and non-appropriated funds civilians, contractor personnel and retired military. Children must be registered with CYSS before signing up for sports. To register, call 751-4865 to set up an appointment. The Parent Central Office is open 7:30 a.m.-4:30 p.m. Monday, Wednesday and Friday, and 7:30 a.m.-6 p.m. Tuesday and Thursday. Parents must bring a current physical and a copy of the child's birth certificate. The registration fee is waived as a result of the Army Family Covenant.

2012 POST GOLF CHAMPIONSHIP

Tafuna Oney won the 2012 Post Golf Championship last weekend. Pete Holmes finished second. The two-day totals are Oney-151, and Holmes-154. Oney, Holmes, Henry Frankenberg and Robert Thomas will represent Fort Jackson at the Jacksonville Naval Air Station in a tournament scheduled for May.

EVENT POSTPONED

The Reverse Triathlon scheduled for April 28 has been postponed.

LETTERS OF INTENT DUE

Letters of intent for the following sports are now accepted by the Sports Office:

❑ Lunch bowling; open to all ID card holders; due April 19. League play will start May 1 and continue for 10 weeks from 11:45 a.m. to 12:50 p.m. on Tuesdays.

❑ Strongman competition; open to active duty military only; sign up by May 8. Weigh-ins are scheduled for May 16, the competition will take place May 17. The event includes a Hummer pull, stone carry and tire flip.

For more information, call 751-3096.

ARMED FORCES DAY WALK/RUN

The Armed Forces Day 5K fun run/walk and 10K run is scheduled for 8 a.m., May 19. The event is open to all ID card holders.

For more information about intramural sports, contact the Sports Office at 751-3096.

Commissaries announce coupon policy changes

By RICK BRINK
DeCA Public Affairs

FORT LEE, Va. — Changes are on the way in how commissaries handle coupons and product returns without receipts, among other things, as the Defense Commissary Agency enacts customer-service policy changes to protect the commissary benefit.

“The average coupon user might not notice the policy changes because they are aimed at preventing possible misuse of the commissary benefit, primarily using coupons to get large amounts of cash back,” said Joseph H. Jeu, DeCA director and chief executive office.

Commissary shoppers are big users of coupons, as evidenced by DeCA’s

consistent ranking among the top 10 grocery retailers in coupon redemptions during the past several years.

Key changes, which go into effect May 1, include:

❑ Gift cards will be issued to a customer in conjunction with cash whenever a transaction total reflects \$25 or more is owed to the customer due to coupon “overages” (when the face value of the coupon exceeds the selling price of the item purchased and the transaction results in a negative balance).

❑ Gift cards will be issued to customers, in conjunction with cash, for refunds of \$25 or more when a receipt is presented showing the merchandise was originally purchased with gift cards.

❑ Gift cards will be issued to cus-

tomers, in conjunction with cash, for refunds of \$25 or more when a receipt is not presented.

Amounts less than \$25 will be in cash.

“Commissaries are providers of a benefit that sell groceries at cost, and using the gift cards to cover certain refunds and coupon ‘overages’ discourages practices contrary to DeCA’s mission,” Jeu said.

“We value coupon usage because it helps our customers boost their savings,” Jeu said. “These changes are in the best interest of all concerned to help ensure that coupons continue to be a great source of savings for our customers.”

For more information, visit www.commissaries.com or www.Facebook.com/YourCommissary.



Want more Fort Jackson news?
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at <http://www.vimeo.com/user3022628>

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Photo by WALLACE McBRIDE

William Edwards, right, practices with Eddie's Experiment, a band that includes daughter Elena, left, and son Jacob.

Father

Continued from Page 10

Coordinating responsibilities to the Army and his family has required discipline, even when deployments are not involved, said William, who is assigned to Company E, 1st Battalion, 34th Infantry Regiment. He makes sure each of his children, who range in age from 6 to 12, get their own day with him during the week.

He also plays in a band with them, called Eddie's Experiment. Music is a huge part of the family's life, Esther said. Both parents are music teachers and have passed those skills along to their children.

The oldest child, David, plays keyboards in the band. Elena, 8, plays drums, while Jacob, 11, plays bass. Luke, 6, is happy to dance as the band plays.

"We put together a little show that we've played in Columbia," William said. "We start with the '40s and jazz, then we go into the '60s and '70s. We do two songs from each era. (The children) like it and have fun with it, but it's also taught them about music, which is a big part of our family. I think a lot of people get a kick out of seeing real young kids performing in a show, too."

His strategy for fatherhood has evolved a lot since the birth of his first child, which happened just a few weeks before he joined the Army.

"With the first child, it was a group effort," he said. "When she was tired, I'd watch him, and when I was tired, she'd watch." Since then, he said the strategy has changed to "zone defense."

"As they've gotten older I can't believe how fast time has gone by," he said. "I've only got a certain amount of time with them and I've got to make those years count. If I'm here or if I'm deployed, I have to make sure I'm being a father to them."



Courtesy photo

Among the photos submitted to the 2012 Military Fatherhood Award campaign shows the Edwards family in costume. From left are Esther, Luke, Elena, William, Jacob and David.

Calendar

Friday
Volunteer recognition ceremony
10 a.m., Solomon Center

Saturday
Lake clean-up
9 a.m. to noon, Semmes Lake
All volunteers will receive a tree seedling.

Tuesday
Eco series lunch and learn
Noon to 1 p.m., Thomas Lee Hall Library
The topic of the presentation is, “Endangered, threatened and rare plant and animal species on Fort Jackson.”

Wednesday
Denim Day
11:40 a.m. to 12:15 p.m., Semmes Lake
Walk in recognition of sexual assault victims. Participants are encouraged to wear denim all day.

Saturday, April 28
National Prescription Take Back Day
10 a.m. to 2 p.m., Main Exchange

Monday, April 30
Reserve Officers Association golf tournament
9 a.m., Fort Jackson Golf Club
For more information, visit www.roa.org/SC-ch06.

Tuesday, May 1
AG Corps Regimental Association Carolina Chapter breakfast
7 a.m., Officers’ Club
The guest speaker will be Col. Robert Manning, commandant of the Adjutant General School. For tickets, call 751-3012/8315/8520.

Tuesday and Wednesday, May 1-2
Military clothing reclamation sale
8 a.m. to 3 p.m., 2570 Warehouse Row
The sale is open to service members and military retirees.

Friday and *Saturday, May 18-19*
Case lot sale
8 a.m. to 6 p.m., Commissary

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

New service
Plastic bag recycling
Plastic bag recycling is now a permanent service offered by Balfour Beatty Communities. Residents can drop off plastic bags during regular hours at the Community Center.

Throughout April
Healthy recipes contest
Submit your healthy recipes at the

Community Center throughout April or email them to ayoungblood@bbcgrp.com for a chance to win a prize. If enough recipes are submitted, Balfour Beatty Communities might create a cookbook.

Tuesday
Bike registration, 3 to 4 p.m.
Register your bike with the Directorate of Emergency Services.

Announcements

MACH NUTRITION CLINIC
The following classes are scheduled for May:
☐ Diabetes class, 8 a.m. to noon, May 3
☐ Diabetes round table, 10 to 11 a.m., May 1
☐ Cholesterol and high blood pressure class, 2 to 3 p.m., May 10 and 10:30 to 11:30 a.m., May 24
☐ Army Move! 2-4 p.m., May 7 and 21
☐ Victory nutrition wellness, 1 to 2 p.m., May 16
☐ Bariatric initial appointment class (by referral only), 10 a.m. to noon, May 15
All classes take place at Moncrief Army Community Hospital, Room 8-85. For more information and to register, call 751-2115/2363/2273.

FATHERS RECOGNIZED
This year’s fatherhood recognition ceremony is scheduled for June 12. Nominations for outstanding fathers are due by May 11. For more information, email Charles.G.Lewis4.civ@mail.mil.

FCC PROVIDERS NEEDED
The next Family Child Care orientation is scheduled from 8 a.m. to 4 p.m., May 14-18, at the Joe E. Mann Center. Military spouses living on post and registered off-post child care providers may apply to provide child care to military families in their homes. Applications will be accepted through May 8. For more information, call 751-6234.

BASIC SKILLS COURSE
The next Basic Skills Education Program will run May 1-25. Classes meet from 8 a.m. to 2 p.m., Tuesdays through Thursdays. Applications can be picked up at the Education Center. The program provides Soldiers with remediation in reading, mathematics and test-taking skills.

VOLUNTEENS SOUGHT
The Fort Jackson Red Cross will accept application for its VolunTEEN summer program beginning Tuesday. Applicants must be 14 or older. VolunTEENS work at Moncrief Army Community Hospital alongside medical professionals. Applications can be submitted through May 21. For more information, call 751-4329.

NEW SKIES CLASSES
SKIESUnlimited will offer creative movement and pre-ballet classes beginning Saturday. Creative movement is for children 2 to 4 years old and is scheduled

from 10 to 10:30 a.m., Saturdays.
Pre-ballet is for children 4 and 5 years old and is scheduled from 10:45 to 11:30 a.m. A parent and child tumble tots class will take place from 10 to 10:30 a.m., Fridays. For more information, call 751-6777.

FORECLOSURE REVIEW
Service members who faced foreclosure in 2009 or 2010 may be eligible for a free, independent case review. The deadline to apply for the review is April 30. For more information, call 751-5256 or visit www.occ.treas.gov and click on “Independent Foreclosure Review.”

EXTENDED CHILD CARE
Imboden Street Child Development Center now offers enhanced extended hours care to provide overnight and week-end child care. The service is available to Soldiers who have verification from their chain of command that mission requirements necessitate the child care. For more information, call 751-1672 or email Rose.Edmond@us.army.mil.

THRIFT SHOP NEWS
The Thrift Shop has a number of gowns available as part of its Golden Carriage Program. The program provides formal wear for female sergeants and below and wives of sergeants and below. The Thrift Shop is open from 9 a.m. to 3 p.m., Tuesdays and Thursdays, and from 9 a.m. to 5 p.m., Wednesdays. Organizations may submit welfare applications throughout the year. Anyone can shop at the Thrift Shop, but only military ID card holders can consign items.

AA OPEN MEETINGS
Alcoholics Anonymous open meetings are scheduled from 9 to 10 a.m., Wednesdays and Fridays at 9810 Lee Road. For more information, call 751-6597.

FINANCIAL LITERACY MONTH
Army Community Services will host a variety of seminars throughout April to observe Financial Literacy Month. Topics include credit basics, credit reports, paying off debt, stocks and more. For more information, visit <http://fortjacksonmwr.com/acs/> and click on “Financial Literacy Month.”

LUNCH WORKOUT
The 187th Ordnance Battalion Functional Training Center offers lunchtime workouts at noon, Tuesdays and Fridays, at 2250 Sumter Ave. For more information, call 751-9740 or email Sophie.Hilaire@us.army.mil.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events.
Send your announcements to fjleader@gmail.com. Community announcements may be edited to comply with Leader style and Public Affairs regulations. Announcements are due one week before the publication date. For more information,

call 751-7045.
For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be sent by fax to 432-7609 or by email to skaress@ci-camden.com.
For information about display advertising, contact Kathy at 786-5681.

School notes

RICHLAND ONE PRE-K DEADLINE
The deadline for parents to register their children for Richland One’s pre-kindergarten program has changed. Parents now have until June 1 to enroll their 4-year olds. For more information, call 231-6882/6709.

ON-POST SCHOOLS REGISTRATION
School registrars will send home a letter Monday along with the required form for parents to register for the next school year. The deadline to return the completed form is Friday.

RICHLAND ONE TRANSFER SEASON
Richland One is accepting transfer requests until May 1. Application forms are online at www.richlandone.org. For more information, call 231-6944.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

USMC SEEKS VOLUNTEERS
Volunteers are needed for the USMC Mud Run, 6 a.m. to 7 p.m., Saturday in Sandy Run. Volunteers must be at least 13 years old. The run raises money to support Marines and their families from the Columbia area who were wounded or killed while serving on active duty. For more information, call 733-2511 or email mud-run@ourcor.org.

AIR SHOW
An air show is scheduled for 11:30 a.m., April 28 and 29 at Robins Air Force Base, Ga. Gates open 10 a.m. The Show will be headlined by the Navy Blue Angels. For more information, visit www.robins.af.mil/airshow.

OCS ALUMNI REUNIONS
The Army Officer Candidate Schools Alumni Association, Inc. has scheduled reunions for graduates of Army officer candidate schools, regardless of location or branch, April 25 through 29 at Fort Benning, Ga. For more information, email Army@OCSAlumni.org or call (706) 221-8720.

DRILL SERGEANT REUNION
A reunion for drill sergeants and support staff assigned at Fort Jackson during the 1970s and 1980s is planned for June. For more information, call (785) 375-1433.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



**Sgt. 1st Class
Brian Butler**
Company A
2nd Battalion,
60th Infantry Regiment
**SOLDIER LEADER
OF THE CYCLE**
Pvt. Devin Boston

SOLDIER OF THE CYCLE
Pfc. Joshua Rowe

HIGH APFT SCORE
Pvt. Estevan Duran

HIGH BRM
Pfc. James Edwards
Pvt. Avian Kerr



**Sgt.
Juliana Morrison**
Company B
2nd Battalion,
60th Infantry Regiment
**SOLDIER LEADER
OF THE CYCLE**
Pvt. Rush Wyckoff

SOLDIER OF THE CYCLE
Spc. Thomas Bonner

HIGH APFT SCORE
Pvt. Kyle Anderson

HIGH BRM
Pvt. Daniel Turner



**Staff Sgt.
Clarence Masiwemai**
Company C
2nd Battalion,
60th Infantry Regiment
**SOLDIER LEADER
OF THE CYCLE**
Pvt. Tyler Park

SOLDIER OF THE CYCLE
Pfc. Rocco Scinto

HIGH APFT SCORE
Pfc. Vilas Cherubin

HIGH BRM
Pvt. Tyler Park

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORT
1st Lt. Johnny Howze

SERVICE SUPPORT
Spc. Tracey Howard

TRAINING SUPPORT
Staff Sgt. Pablo Perez

DFAC SUPPORT
Tonya Parnell

FAMILY SUPPORT
Sharon Robinson

Training honors



GAYTAN

**369th ADJUTANT GENERAL
BATTALION**

Staff Sgt. Elizabeth Gaytan
Platoon sergeant of the cycle



PERSAUD

Staff Sgt. Anand Persaud
Instructor of the cycle



ARIZA

1st Lt. Tracy Ariza
Cadre of the cycle

Friday, April 20 — 4 p.m.
How to Train Your DragonPG

Friday, April 20 — 7 p.m.
Silent HouseR

Saturday, April 21 — 4 p.m.
John CarterPG-13

Sunday, April 22 — 2 p.m.
John CarterPG-13

Wednesday, April 25 — 1:30 p.m.
Act of ValorR

Wednesday, April 25 — 4 p.m.
John CarterPG-13

Adults: \$4.50
Children (12 and younger): \$2.25
For more listings, visit www.aafes.com or call 751-7488.

**SUBMISSION
GUIDELINES**

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@gmail.com. For more information, call 751-7045.

For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be faxed to 432-7609.

For information about display advertising, contact Kathy at 786-5681.

At your service

Phone numbers and operation hours for key post facilities

| | | |
|------------------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| All South Federal Credit Union | 782-9830 | Monday-Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 6 p.m. |
| American Red Cross | 751-/4329/5923 | Monday-Friday, 8 a.m. to 4 p.m. |
| Andy’s Fitness Center | 751-4177 | Monday-Friday, 5 a.m. to 9 p.m.; Saturday, 8 a.m. to 6 p.m., Sunday, 10 a.m. to 4 p.m.; call for hour on training and federal holidays |
| Army Career Alumni Program | 751-4109/4104 | Monday-Friday, 7:30 a.m. to 4:15 p.m. |
| Army Community Service | 751-5256 | Monday-Friday, 8 a.m. to 4 p.m. |
| Army Continuing Education Services | 751-5341 | Monday-Friday, 7:30 a.m. to 4:30 p.m. |
| Army Substance Abuse Program | 751-5007 | Monday-Friday, 7:30 a.m. to 4:30 p.m. |
| Basic Combat Training Museum | 751-7419 | Monday-Friday, 9 a.m. to 4 p.m.; Family Day, 9 a.m. to 6 p.m. |
| Bowling, Century Lanes | 751-6138 | Closed Monday; Tuesday-Thursday, 11:30 a.m. to 10 p.m.; Friday, 11:30 a.m. to 11 p.m.; Saturday, 1 p.m. to midnight; Sunday, 2 to 10 p.m. |
| Bowling, Ivy Lanes | 751-4759 | (For use by Soldiers in training): Thursday, 1 to 8:30 p.m.; Friday, 5:30 to 9 p.m., Saturday, 1 to 9 p.m.; Sunday, 11 a.m. to 5 p.m. |
| Car Care Center | 782-1639 | Monday-Friday, 8 a.m. to 5 p.m. |
| Chaplain Museum | 751-8827/8079 | Monday-Friday, 9 a.m. to 4 p.m. |
| Child and Youth Services | 751-4865 | Monday, Wednesday and Friday, 7:30 a.m. to 4:30 p.m.; Tuesday and Thursday, 7:30 a.m. to 6 p.m. |
| Civilian Personnel Advisory Center | 751-3219 | Monday-Friday, 8 a.m. to 4 p.m. |
| Class VI | 782-1601 | Monday-Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 8 p.m.; Sunday, 10 a.m. to 7 p.m. |
| Clinical Army Substance Abuse Program | 751-6597 | Monday-Friday, 7:30 a.m. to 4:15 p.m. |
| Coleman Gym | 751-5896 | Monday-Friday, 5:30 a.m. to 9 p.m.; weekends, training holidays and holidays except Christmas and New Year’s Day, 6 a.m. to 2 p.m. |
| Commissary | 751-5789 | Sunday, 11 a.m. to 6 p.m.; Tuesday and Saturday, 9 a.m. to 8 p.m.; Wednesday-Friday, 10 a.m. to 8 p.m. |
| DA Photos (TSC) | 751-7592 | Monday-Thursday, 8 to 11 a.m. and 1 to 3 p.m. |
| Defense Military Pay Office | 751-6669 (Soldiers) | Monday-Friday, 8 to 11:30 a.m. and 12:30 to 4 p.m. Civilians should call 751-4914. |
| Dental Clinics | 751-5178/6017 | Monday-Friday, 7:15 a.m. to 4:15 p.m. |
| Family Health Center | 751-2273 | Monday-Friday, 7:20 a.m. to 8 p.m.; training holidays, 8 a.m. to 4 p.m. |
| Family Life Resiliency Center | 751-4961 | Monday-Friday, 9 a.m. to 5 p.m. |
| Florist | 738-1812 | Monday-Friday, 9 a.m. to 5:30 p.m. |
| Fort Jackson National Cemetery | 699-2246 | Monday-Friday, 8 a.m. to 4:30 p.m. |
| Furniture Store | 787-9175 | Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m. |
| Hospital Retail Annex | 782-1263 | Monday-Friday, 7 a.m. to 4 p.m. |
| ID Section | 751-7731 | Monday-Friday, 8 a.m. to 4 p.m. |
| Legal Assistance and Claims | 751-4287/3603 | Monday-Friday, 9 a.m. to 4 p.m. |
| LCI-SSSC | 790-5306 | Monday-Friday, 8 a.m. to 4 p.m. |
| Main Outpatient Pharmacy | 751-2259 | Monday-Friday, 7:30 a.m. to 5 p.m. |
| MG Robert B. Solomon Center | 751-4056 | Monday-Friday, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m. |
| Military Clothing Sales Store | 787-5248 | Monday-Friday, 9 a.m. to 7 p.m.; Saturday-Sunday, 10 a.m. to 4 p.m. |
| Movie Theater | 751-7488 | Hours vary |
| National Federation of Federal Employees | 751-2622 | |
| NCO Club | 782-2218 | Monday-Friday, 7 a.m. to 3:30 p.m.; Saturday, 8 p.m. to 2 a.m. Open later for entertainment and special events; call for details and times. |
| Officers’ Club | 751-4906 | Tuesday-Friday, 8:30 a.m. to 4:30 p.m.; Sunday brunch, 11 a.m. to 1:30 p.m. |
| Palmetto Falls Water Park | 751-3381 | **Closed for season** |
| Perez Fitness Center | 751-6258 | Monday-Friday, 5:30 a.m. to 9 p.m.; weekends and training holidays, 10 a.m. to 6 p.m. |
| Pharmacy Annex (PX mall) | 751-2250 | Monday-Friday, 9 a.m. to 6 p.m. |
| Pool, Knight | 751-4796 | Monday-Friday, 6 a.m. to 2 p.m., 4:30 p.m. to 7 p.m. |
| Pool, Legion | 751-4796 | **Closed for season** |
| Post Exchange | 787-1950/1951/1952 | Monday-Saturday, 9 a.m. to 9 p.m.; Sunday, 10 a.m. to 7 p.m. |
| Post Library | 751-5589/4816 | Monday-Thursday, 11 a.m. to 8 p.m.; Friday-Sunday, 11 a.m. to 5 p.m. |
| Post Office | 782-8709 | Monday-Friday, 8:30 a.m. to 5 p.m. |
| Recycling Center | 751-4208 | Monday-Friday, 7 a.m. to 3 p.m.; Saturday, 8:30 a.m. to 3:30 p.m. |
| Reuse Center | 751-5121 | Monday-Friday, 10 a.m. to 2 p.m. |
| Safety Center | 751-6004 | Monday-Friday, 7:30 a.m. to 4:30 p.m. |
| Gate 1 Express | 782-2076 | Monday-Friday, 7 a.m. to 6 p.m.; Saturday-Sunday, 10 a.m. to 6 p.m. |
| Gate 2 Express | 790-4478 | Open 24 hours a day |
| SSI Retail Annex | 738-9189 | Monday-Friday, 8 a.m. to 2:30 p.m. |
| Thrift Shop | 787-2153 | Tuesday and Thursday, 9 a.m. to 3 p.m.; Wednesday, 9 a.m. to 5 p.m. |
| Vanguard Gym | 751-4384 | Monday-Friday, 5:30 a.m. to 9 p.m.; Saturday, Sunday and holidays, 1 to 8 p.m. |
| Veterinary Clinic | 751-7160 | Monday-Friday, 8 a.m. to 4 p.m. |
| Weapons Registration | 751-5887 | Monday-Friday, 8 a.m. to 4 p.m. |
| Weston Lake | 751-5253 | Oct. 1 through April 30: 9 a.m. to 5 p.m.; May 1 through Sept. 30: 10 a.m. to 6 p.m. |

Anything we missed? E-mail us at fjleader@gmail.com.

Post to celebrate Earth Day with community lake cleanup

By **THERESA O'HAGAN**

*Family and Morale,
Welfare and Recreation*

Family and Morale, Welfare and Recreation's Outdoor Recreation Division is joining forces with the Fort Jackson Environmental Division to celebrate Earth Day in a most appropriate manner — cleaning up Semmes Lake and bringing families together for fun and a little good karma.

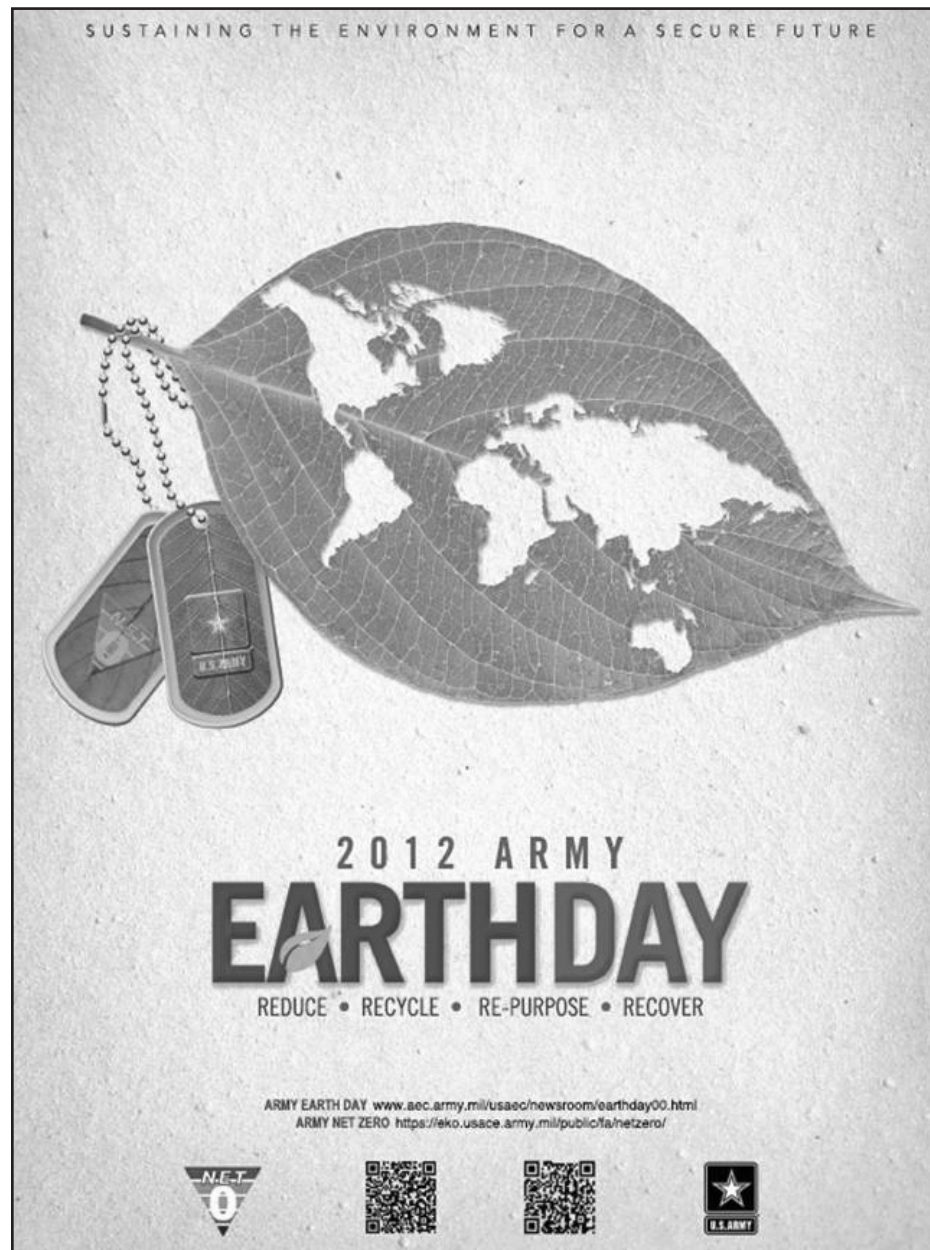
"The point of this event is to not only clean up all the trash and debris that accumulates along the shores of one of our most scenic cantonment parks on Fort Jackson, but to promote the environmental stewardship theme that is centered around Earth Day," said Mark Smyers, programer, Recreational Delivery System. "Our hopes are to create a family friendly event, where people can do some good and have some fun doing it."

The event, Semmes Lake Earth Day Clean-up, is scheduled for April 21, from 9 a.m. to noon. FMWR will provide trash bags and gloves, as well brief safety and clean-up instructions.

Scott Hawkins, who works with the South Carolina Forestry Commission and is a former WIS morning anchor, will be the guest speaker. Highlights of the event include a children's story time, hands-on tree planting demonstration and giveaways. Everyone who participates in the cleanup will receive a tree seedling as a special thank you.

"The event will begin at Semmes Lake and, if we have enough volunteers and time, we may even continue on to Heise Pond and Twin Lakes," Smyers said. "And after a great morning of helping to keep our park lands beautiful, as well as maybe picking up a few life lessons along the way, we'll provide a hot-dog lunch for all who participate to wind up the morning's festivities."

Since 1970, Earth Day has been celebrated every year on April 22. Gaylord Nelson, a U.S. senator from Wisconsin is the founder of Earth Day. He was in-



spired to do so after witnessing the damage done to the environment by a massive oil spill in Santa Barbara, Calif. in 1969.

On the first Earth Day, April 22, 1970, 20 million Americans participated. According to www.earthday.org, participants "took to the streets, parks and auditoriums to demonstrate for a healthy, sustainable environment in massive coast-to-coast rallies. Thousands of colleges and universities organized protests against the deterioration of the environment. Groups

that had been fighting against oil spills, polluting factories and power plants, raw sewage, toxic dumps, pesticides, freeways, the loss of wilderness, and the extinction of wildlife suddenly realized they shared common values."

This year marks the 42nd anniversary of Earth Day.

For more information or questions about Semmes Lake Earth Day Clean Up, call Lisa McKnight at 751-5971 or Mark Smyers at 751-8707

FMWR calendar

THURSDAY

- ❑ Visit **Century Lanes** for food, fun and bowling.
- ❑ **Victory Bingo**, 2 to 11 p.m.
- ❑ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.
- ❑ **Magruder's Pub and Club** happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.

FRIDAY

- ❑ Look what I can do, **Thomas Lee Hall Library**. Call 751-5589 for more information.
- ❑ Visit **Thomas Lee Hall Library** for Mommy and Me, a lapsit program, starts at 11 a.m.
- ❑ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.
- ❑ **Victory Bingo**, starts at 2 p.m.
- ❑ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.
- ❑ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center**.

SATURDAY

- ❑ **Victory Bingo**, starts at 1 p.m.
- ❑ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.

SUNDAY

- ❑ Enjoy a traditional Sunday brunch buffet at the **Officers' Club**, 11 a.m. to 1:30 p.m.
- ❑ **Victory Bingo**, starts at 10 a.m.
- ❑ Every Sunday is Family Day at the **Youth Center**, 2-6 p.m.

WEDNESDAY

- ❑ Victory Readers Club, 6 to 8 p.m., **Post Library**.
 - ❑ **4-H Club** meets 4 to 5 p.m; for grades 1-5. Call 751-1136 for information.
- For a full calendar of events, visit www.fortjacksonwr.com.*

ONGOING OFFERS

- ❑ The Officers' Club specializes in wedding receptions, anniversaries, promotions and other special occasions. For more information, call 782-8761.
- ❑ The Officers' Club is open for lunch Tuesday through Friday, 11 a.m. to 1:30 p.m.
- ❑ Child, Youth and School Services provides child care and youth programming on Saturdays at no cost for active-duty parents who must work to meet mission requirements. Others requiring care may sign up, but will pay the usual hourly rate. All users must be signed up with Child, Youth and School Services. Registration is free at the Central Enrollment Office in the Joe E. Mann Center. For more information, call 751-4865.



Watch Fort Jackson video news stories and Victory Updates
at <http://www.vimeo.com/user3022628>

Sleep keeps you, unit Army Strong

By KIRA M. KOON

U.S. Army Public Health Command

Sleep is often thought of as a luxury that falls by the wayside when we are busy and stressed. However, getting enough sleep is one of the most important things a person can do to be Army Strong. Sleep is a necessity to sustain your performance — just like food, water and air.

The effects of sleep deprivation can sneak up on you and cause a serious decrease in your ability to stay sharp during training, while on duty and on the battlefield. Some common consequences of sleep deprivation include decreased performance and concentration, increased stress, slow reaction times, confusion, memory lapses and poor judgment. Inadequate sleep is also linked with increased risk of motor vehicle accidents, increased risk of diabetes and heart problems, and increased risk for psychiatric conditions including depression and substance abuse.

In other words, without enough sleep, you put both yourself and your fellow Soldiers at risk.

For optimal performance, most Soldiers need seven to eight hours of sleep every 24 hours, and it is best if this sleep is not interrupted. However, as a Soldier, you might not be able to have seven hours of continuous sleeping time each day. In such cases, shorter sleep periods that add up to between seven and eight hours for each 24-hour period can also sustain alertness and performance.

Getting quality sleep depends on many factors, including your stress levels, the surrounding physical environment and what you eat, drink and do close to bedtime. Sleep experts recommend following the tips:

- ❑ Stick to a sleep schedule. As much as possible, go to bed and wake up at the same time each day.
- ❑ Establish a relaxing routine before bed. Give yourself

ON THE WEB

- ❑ Guide to Coping with Deployment and Combat Stress — Sleep Management and Soldier Readiness: A Guide for Leaders and Soldiers. United States Army Public Health Command, <http://phc.amedd.army.mil> (Search for “Sleep”)
- ❑ Hooah for Health, <http://www.hooah4health.com/mind/sleeptips.htm>
- ❑ U.S. Department of Health and Human Services, http://www.nhlbi.nih.gov/health/public/sleep/healthy_sleep.pdf
- ❑ National Sleep Foundation, <http://www.sleepfoundation.org/>

time to unwind. A relaxing routine might include reading or listening to soothing music and lowering the lights.

- ❑ Have a dark, quiet, comfortable and cool sleeping environment. Don't sleep in areas where there is regular activity. If needed, minimize exposure to noise and light by using ear plugs, blackout shades or a sleep mask.

- ❑ Avoid large meals and beverages right before bedtime. A light snack is OK, but avoid large meals and too many fluids two to three hours prior to bedtime. A large meal can cause indigestion that interferes with sleep. Drinking too many fluids at night can cause you to awaken to urinate.

- ❑ Avoid caffeine and nicotine. Coffee, colas, certain teas and chocolate contain caffeine, and its ef-

fects can last for eight hours. Nicotine is also a stimulant and can cause smokers to sleep only very lightly.

- ❑ Avoid alcoholic drinks before bed. Although many people think a drink or two will help them fall asleep, alcohol actually prevents you from falling into a deep sleep.

- ❑ Avoid medicines that delay or disrupt your sleep. Some medications, such as heart, blood pressure or asthma medications, and over-the-counter and herbal remedies for coughs, colds or allergies can disrupt sleep patterns. If you are having trouble sleeping, talk to your doctor to see if any medications you are taking might be affecting your sleep.

- ❑ Exercise is great, but not before bed. Avoid exercising within a few hours before going to bed. Exercise makes us more alert and raises body temperature, which makes it harder to fall asleep. So, finish your exercise at least three hours before bedtime.

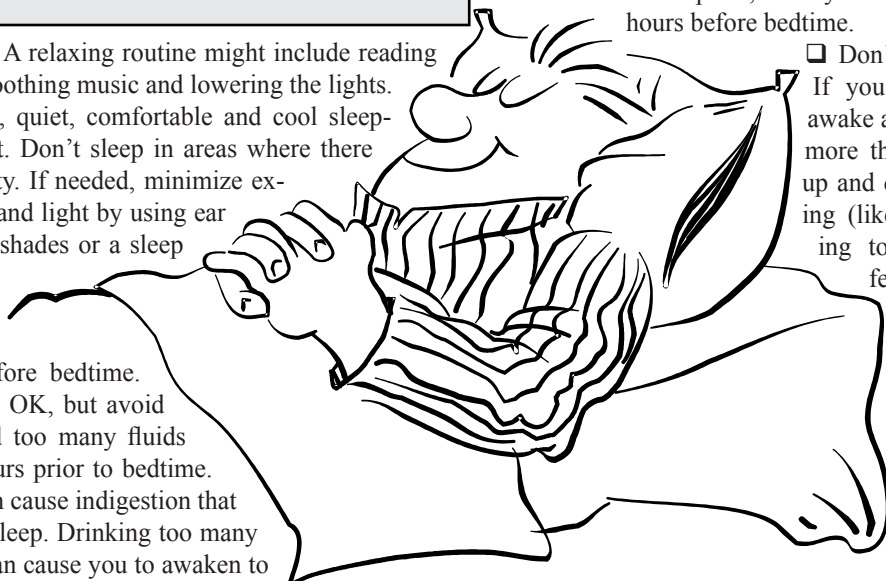
- ❑ Don't lie in bed awake.

If you find yourself still awake after lying in bed for more than 20 minutes, get up and do something relaxing (like reading or listening to music) until you feel sleepy. Often the anxiety of not being able to sleep can make it harder to fall asleep.

- ❑ Talk to your doctor if you continue to have trouble sleeping.

If you continue to

find yourself feeling tired and not alert, talk to your doctor. An underlying health problem might be affecting your sleep.



Know the risk factors for Type 2 diabetes

By BRITNEY HENRY

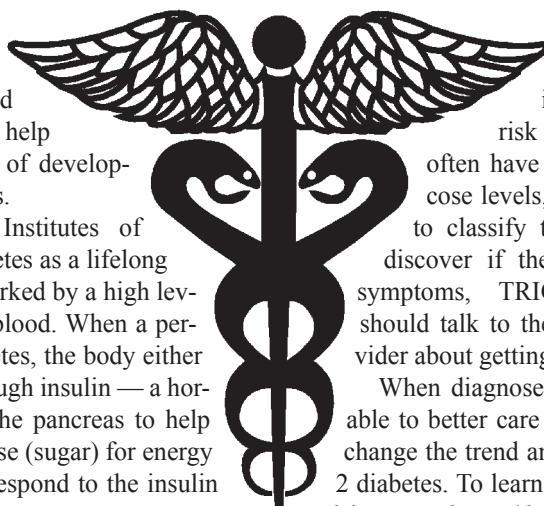
TRICARE Management Activity

One of the more troubling trends in American health today is that 8 percent of the population has diabetes. But what is alarming is that more than 25 percent of those who have diabetes don't know they have the disease.

If current trends continue, according to the Centers for Disease Control and Prevention, one in three American adults could have Type 2 diabetes by 2050. Prevention efforts can help lower the risk of developing the disease. Those who are overweight can reduce their risk by losing 5 to 7 percent of their body

weight. Moderate exercise, low-fat foods and a reduced caloric intake also help lower the chances of developing Type 2 diabetes.

The National Institutes of Health define diabetes as a lifelong chronic disease marked by a high level of sugar in the blood. When a person develops diabetes, the body either does not make enough insulin — a hormone created by the pancreas to help the body use glucose (sugar) for energy — or it does not respond to the insulin it creates.



Type 2 diabetes does have warning signs. People at risk for Type 2 diabetes often have increased blood glucose levels, but not high enough to classify them as diabetic. To discover if they have pre-diabetes symptoms, TRICARE beneficiaries should talk to their primary care provider about getting tested.

When diagnosed early, diabetics are able to better care for themselves. Help change the trend and get tested for Type 2 diabetes. To learn more about diabetes, visit www.cdc.gov/diabetes/.

MACH UPDATES

MACH AFFIRMATIVE CLAIMS

The Moncrief Army Community Hospital Affirmative Claims Program asserts claims in favor of the United States for the recovery of the reasonable value of medical care furnished by the United States or for the damage to or loss of Army property.

GYNECOLOGY CLINIC UPDATE

The Moncrief Army Community Hospital Gynecology Clinic is now serving all beneficiaries, including family members and retirees. To schedule an appointment, call 751-2251 or 751-CARE (2273).

The clinic offers the following surgical services: laparoscopic hysterectomy; minimally-invasive bladder suspensions; laparoscopic myomectomy for uterine fibrosis; uterine ablation; pelvic prolapsed surgery; routine surgeries with emphasis on minimally-invasive techniques.

These services are offered at MACH's surgical suite on the third floor. For more information, call 751-2283.



Watch Fort Jackson video news stories at <http://www.vimeo.com/user3022628>



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Seven habits can affect faith positively

By **CHAPLAIN (CAPT.) MICHAEL FOX**
3rd Battalion, 60th Infantry Regiment

In his book, “7 Habits of Highly Effective People,” Stephen Covey shares tools for being effective in life. These tools listed here can also have an effect on faith.

BE PROACTIVE

Being proactive means focusing on areas of control and not on areas you cannot control. Even the faithful can get caught up in the worries of life and begin to dwell on areas out of their control. Recognize that God has all things in control, and he will be your provider in all areas of life. Trust that God blesses his faithful, and focus on what you can control and let God do the rest (Matthew 6:31-34).

BEGIN WITH THE END IN MIND

This refers to having a plan and a destination in life. You have a mission that expresses purpose and meaning. So, what is your end? Your end is the joy of heaven; therefore, everything you do should be of a heavenly focus. God’s mission is clear (Matthew 28:19-20). Begin with heaven in mind and see how life comes clear as you walk with the Lord (Colossians 3:2, Hebrews 12:1).

PUT FIRST THINGS FIRST

This allows you to prioritize what is important in life. You, as people of faith, can often be distracted with the inconsequential or non-important things of life. You know the busy work. It is when you put God first that you can find peace and order in your life, then everything else just

falls into place or just goes away (Luke 10:38-42).

THINK WIN-WIN

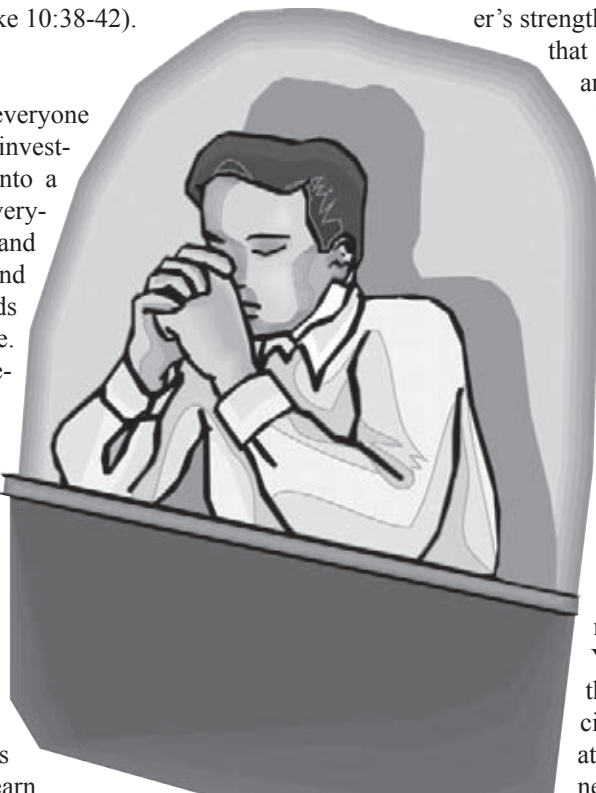
This habit refers to having an “everyone can win attitude.” It is a personal investment by systematically depositing into a person’s emotional bank account. Everyone wins when you are encouraged and everyone loses when you feel anger and sadness. Allow each day to bring words of comfort and joy to someone’s life. If you think win-win, we all win (Hebrews 3:13).

SEEK FIRST TO UNDERSTAND

This is the skill of listening first and talking second. You should listen for understanding and value the message and the sender. Valuing is not a choice, it is a command. You are to love and respect everyone. We are on this journey of life together. So, what does it profit man if we cannot seek to understand our brothers and sisters? It is important that we learn to walk in each other’s shoes and seek understanding (Galatians 5:14; Colossians 3:13).

SYNERGIZE

To synergize means to be able to work creatively with each another, value each another, and recognize each oth-



er’s strengths. You need to recognize that everyone brings value to any situation. We should be celebrating our differences because God created everyone just as they are. Everyone is our brother or our sister and always has something to offer to this wonderful tapestry of God’s creation (1 Corinthians 12:14-20).

SHARPEN THE SAW

This habit focuses on renewing, refocusing and recharging the four areas of care: body, mind, heart and spirit. You need to recognize that your body is a precious creation by God created for a purpose. Never neglect an area, for just as a four-legged chair depends on each leg to function, so does your life depend on these four areas to function fully for God’s purpose (1 Corinthians 6:19-20, 2 Timothy 4:2).
Make these habits a part of your faith journey and live out an effective faith.



PROTESTANT

- Sunday
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
9:30 a.m. Hispanic, Post Theater
9:30 a.m. Main Post Chapel
8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next and Children's Church, Bayonet Chapel
- Wednesday
6 p.m. Prayer service, Magruder Chapel

- Protestant Bible Study**
- Sunday
9:30 a.m. Chapel Next Bible study, Bayonet Chapel
 - Monday
7 p.m. Women's Bible study (PWOC), Main Post Chapel
 - Tuesday
9:30 a.m. to noon Women's Bible study

- (PWOC), Main Post Chapel
- Wednesday
6 p.m. Gospel prayer service, Daniel Circle Chapel
7 p.m. Gospel Bible study, Daniel Circle Chapel
7 p.m. LDS scripture study, Anderson Street Chapel
11:30 a.m. to 12:45 p.m. Fresh Encounter Bible Study, Family Life and Resiliency Center (5460 Marion Ave., left of the POV lot)
 - Saturday
8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

- Protestant Youth of the Chapel**
- Sunday
5 to 6:30 p.m. Club Beyond youth group, Main Post Chapel
 - Saturday
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

- CATHOLIC**
- Monday through Thursday
11:30 a.m. Mass, Main Post Chapel
 - Sunday
9:30 a.m. CCD (September through May), Education Center
9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel

- 11 a.m. Mass (Main Post Chapel)
12:30 p.m. Catholic youth ministry, Main Post Chapel
7 p.m. Women's scripture study, Main Post Chapel
- Wednesday
7 p.m. Rosary, Main Post Chapel
7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel
- Friday
11:30 a.m. Ladies of the parish, Main Post Chapel (first Friday of each month)

ANGLICAN/LITURGICAL

- Sunday
8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
1 to 2 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
9:30 to 10:30 a.m. Worship service, Memorial Chapel
10:30 to 11:30 a.m. Jewish book study, Post Conference Room

LATTER DAY SAINTS

- Sunday
9:30 to 11 a.m. Anderson Street Chapel

- Thursday
7 to 8 p.m. LDS scripture study, Anderson Street Chapel

CHURCH OF CHRIST

- Sunday
11:30 a.m. Anderson Street Chapel

- ADDRESSES, PHONE NUMBERS**
- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Family Life Chapel**
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain's Office**
4475 Gregg St., 751-3121/6318



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FIRST RESPONDER

Lt. Col. Raymond Simons
Director, Emergency Services

Maj. Bradford Fisher
Provost Marshal

Sgt. Maj. Bruce Sirois
Provost Sergeant Major

Bill Forrester
Fire Chief

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

CASES OF THE WEEK

❑ A Soldier’s legally parked car was damaged in a hit-and-run accident in a parking lot, Military Police said. No injuries were reported.

❑ Unknown suspects stole two bottles of prescription drugs and a pair of name-



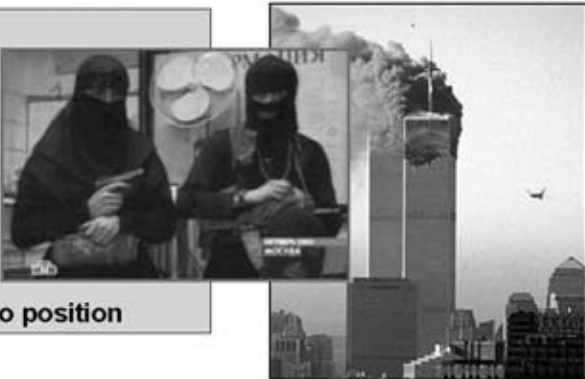
brand shoes from a Soldier’s on-post residence, according to officials. Police said there was no sign of forced entry.

❑ A person was arrested in connection with a theft at the Exchange. MPs reported that the suspect was observed on closed circuit TV as he picked up two video games, removed the games from the packaging and concealed the games before leaving the store without paying. Officials said that the stolen items were recovered, and that the suspect was processed and released on his own recognizance.

FORCE PROTECTION
THOUGHT OF THE WEEK

The Seven Signs of Terrorism

- 1. Surveillance
- 2. Seeking information
- 3. Tests of security
- 4. Acquiring supplies
- 5. Suspicious people
- 6. Dry runs
- 7. Deploying/getting into position



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